



SPA MENU



S O F I T E L
S P A A

DARLING HARBOUR

LIVE THE FRENCH WAY



SPA MENU

We are excited to announce some of our indulgent Spa experiences are now available in the privacy of Suite 2415. We look forward to welcoming you back for the full experience once our doors open.

It is our pleasure to extend a 15% discount on your next appointment, when visiting Monday to Thursday at Sofitel SPA Darling Harbour.

- Located in Suite 2415 level 24, our Spa Suite is offering treatments Monday to Friday between 11:30am to 7:00pm.
(Closed on Public Holidays)
- Book via email: darlingharbour.spa@sofitel.com
- Room Charge payments only
- Treatments are charged to the room at the moment booking is confirmed
- Cancellation policy - 100% fee applies to cancellations made 12 hours prior to booking
- Treatments available for guests 18 years and older

GO WITH
THE FLOW



FIND YOUR
FRENCH GLOW


SPA MENU

MASSAGES

Swedish Massage

This classic massage aims to relieve tension by targeting the uppermost layers of muscles using light to medium pressure. Long, kneading strokes combined with friction motions and movement of the joints result in an enhanced overall sense of wellbeing.

60min - \$195

90min - \$250

BODY TREATMENTS

Basil & Mint Skin Smoother

Refreshing, deeply exfoliating ritual to effectively buff skin from tip to toe revealing a silky smooth hydrated finish. Includes full body dry body brushing, followed by a sugar scrub on upper back and feet.

Therapists massage molten body balm into your purified skin in soothing movements to provide a relaxing, light pressure massage.

90min - \$240

FACIALS

Personalised Phyto-Facial

Formulated harnessing pure aromaceutical concentrates with premium dilutions of active botanical extracts, vitamins and omega rich infusions to deliver a sensory ritual and visible results.

After a consultation to discuss your needs, your Therapist will create a bespoke facial for you.

60min - \$215